

A JOINT INITIATIVE OF SHOOTING AUSTRALIA AND TARGET RIFLE AUSTRALIA

JUNIOR TRAINING CAMP AND COMPETITION

ADELAIDE
14-18 DECEMBER
2018

Junior members (25 and under) of Target Rifle Australia are invited to attend a Junior Training Camp. The focus of the camp will be air rifle and prone and will introduce you to three position shooting. The camp will be designed for to develop skills, have fun and meet juniors from all over Australia.

CAMP INCLUDES:

- Developing and improving shooting skills
- Individual training and group training games
- Stretching and improving core strength
- Developing psychological skills
- Navigating Social Media
- Coaches and athlete mentors
- Friendly competition
- Individual coaching
- Athlete Mentors
- Education Sessions

FINAL BOOKINGS BY 15TH NOVEMBER

www.shootingaustralia.org

